

Community Art Therapy Studio Programme July, Aug, Sept 2026



hello@malvernarttherapy.co.uk
www.malvernarttherapy.co.uk

Wellsprings Studios
behind Goldsmith's Jewellers
28-30 Belle Vue Terrace, Great Malvern

Anxiety Art Club

A slow-paced, friendly group for arts & crafts, having a coffee, chatting or being quiet.



Price starts
£5

Run by and for people of all ages who get anxious in groups.

Friday afternoons
Please email to arrange an initial visit.



Price starts
£5

No-pressure, self-directed artmaking sessions for young adults who find socialising comes with a lot of anxiety. People in their 20s who are neurodivergent, have experienced trauma, and who are exploring gender expression are welcome.

Email for details and a visit to the studio

Supported Art Groups

Cover image:



Make an A5 representation of yourself to be displayed at Malvern Cube during August. Artworks can be dropped off at the studio or the Cube before 27th July

What do we charge at the studio?

Regular groups

price per session
Low income £5
Actual cost £10
Pay it forward £15

Artist-led & short courses

usual price per session
Low income £10
Actual cost £15
Pay it forward £20

Paying what you can helps us keep prices low for everyone.

Please contact us about private Art Psychotherapy, including subsidy if you are on a low income

The studio is available to artists, therapists and community groups for hire in evenings and weekends

MCAT is run by Art Therapy Collaborative Community Interest Company



Price starts
£5

A gentle, creative group to explore feelings that come with grief and loss. A person, a relationship, beloved pet, a former version of yourself.

Email to book

Guidance, starting points and themes are offered.



Price starts
£5

Easy going, no-stress, crafting workshops using recycled textiles and natural materials. Led by members of the Joy-Us women's group.

Sat 25th July
Sat 29th Aug
Sun 20th Sept
2-4pm

email to book:
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£10

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£10

Materials provided, Suitable for all

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Art for Fun



Price starts
£5

Drop-in. No need to book

Origami workshop

with Alec
@okaorigami

Saturday
26th Sept

2pm to 4pm

(from Autumn, last Saturday of the month)

Clear, gentle teaching for beginners & advanced

Cyanotype workshops

Have fun in a small group workshop making sun print images on paper and fabric. All materials provided.

£20

Saturday afternoons
18th July * 22nd Aug * 19th Sept

book your place with
lyndawhitehouse@icloud.com

Monthly drop-in sessions for creative fun.

Art materials, hot drinks and guidance on hand.

Bring your own project or try something new

Price starts
£5



25th July
26th Sept