

Wellsprings Studios
behind Goldsmith's jewellers
28-30 Belle Vue Terrace, Great Malvern



Studio Programme April, May, June 2026



WORLD'S SCRATCHIEST JUMPER

Don't Miss!

New Found Land

An imaginary map of neurodiverse experiences

workshop
Friday 10th April
1:30-3:30pm
free to attend

by Lynda Whitehouse
in collaboration with members of
Malvern Community Art Therapy studio

Malvern Cube Cafe
30th March to 24th April 2026

hello@malvernarttherapy.co.uk
www.malvernarttherapy.co.uk

MCAT is run by Art Therapy Collaborative Community Interest Company

Anxiety Art Club

A slow-paced, quiet group for making art, having a coffee, chatting or being by yourself.



Run by and for people who get anxious in groups.

Friday afternoons
Please email to arrange an initial visit.

Price starts
£5

Supported Art Groups

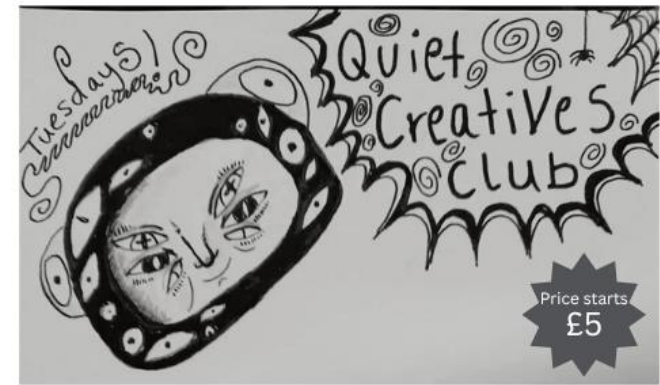


Art & Soul

Thursday evenings
Next course starts 23rd April
Email for more details

Price starts
£10

An 8-week creative personal development course for adults, to explore thoughts and feelings through the use of images and art materials. Maximum 8 people.



Price starts
£5

No-pressure, self-directed artmaking sessions for young adults who find socialising comes with a lot of anxiety.

People in their 20s who are neurodivergent, have experienced trauma, and who are exploring gender expression are welcome.

Email for details
and a visit to the studio

Sad Sundays

Price starts
£5

26 Apr
31 May
28 Jun

A gentle, creative group to explore feelings that come with grief and loss. A person, a relationship, beloved pet, a former version of yourself.

Guidance, starting points and themes are offered.

Email to
book

Price starts
£5

A drop-in session to have some creative fun. Art materials, hot drinks & guidance on hand



18th April
23rd May
27th June

Happy Mondays

Drop-in.
No need to book

A sociable, & creative start to the week with resident Artist, Lynda Whitehouse

Drawing, mark making, printing - suitable for all

Monday mornings
10am - 12:30pm
13th April to 18th May

Art materials & hot drinks included

Price starts
£10

Price starts
£5

Origami workshops with Alec @okaorigami

Clear, gentle teaching for beginners & advanced

Last Saturday of the month
2pm to 4pm

25th April
30th May
27th June

Drop-in.
No need to book

Art for Fun



MALVERN
WELL DRESSING &
WATER
FESTIVAL

MONDAY 4TH MAY
'FANCY BIRDS'
FREE ART WORKSHOP
10AM - 4PM
FOR ALL AGES

What do we charge?

Regular groups
price per session

Low income £5
Actual cost £10
Pay it forward £15

Artist-led & short courses
price per session

Low income £10
Actual cost £15
Pay it forward £20



Paying what you can helps us keep prices low for everyone.

Please contact us about private Art Psychotherapy, including subsidy if you are on a low income

The studio is available to artists, therapists and community groups for hire in evenings and weekends

Cyanotype workshops

Have fun in a small group workshop making photographic sun print images. All materials provided. No camera required!

Saturday afternoons
18th April
23rd May

Price starts
£20

book your place with
lyndawhitehouse@icloud.com

PAPER PRIDE PARADE!

Sunday
14th June
2-5pm
All ages welcome



Free Workshop

We can't go to Malvern Pride in person this year, so make a flamboyant paper cut-out of yourself at the studio, to join the paper Pride parade at the Cube exhibition board for the whole of August.